

# Loveology Retreat



There is now a real-life, in-person extension of the ever-popular online program Loveology University®. Created by Dr. Ava Cadell, a globally renowned relationship expert and author, she has taken a grand step forward to open The Loveology Retreat located in Maricopa.



Gourmet meals are provided at the Buddha Cafe by Chef Jeffrey Sundy. An elaborate breakfast buffet, romantic picnic lunch, high tea and delectable sunset dinner are featured.

Dr. Cadell and the Loveology Retreat will offer clients One Special Program on-site each month. In addition to Dr. Ava, Guest Speakers will include: Dr. Shan-

For the past two decades, Dr. Ava's mission has been to promote the benefits of healthy relationships, emotional intimacy and physical, mental, spiritual, emotional and sexual wellness to students worldwide. She has presented seminars both in-person and online – spreading a positive message of spirituality, happiness and love. Now she has a place all her own where she can deliver the seminars to guests, instructing and encouraging them to learn how to best live and love.

nnon Chavez, who will teach how to attain emotional intimacy with your partner and how to build awareness surrounding romance and passion; Dr. Her-nando Chaves, who will offer new ways to explore and enhance sensual pleasure; Sabrina Jackson, who will demonstrate how to use sensual movement as a path to erotic empowerment and a method to heal trauma; and Ram Kirin, who will teach Kundalini Yoga, meditation and breathwork and will present a "sound bath" by the massive, on-site Stupa. Week-end retreats are scheduled for each weekend, Friday - Sunday throughout January and February. For details and to make reservations, visit <https://www.loveologyretreat.com/>

Her mission? "To provide emotional and physical wellness to balance your mind, body and spirit."

Accommodations can be reserved at the Chakra House, Lama House, or one of four different-sized campers right on the property. Retreat rates include your accommodations, meals, pool, funhouse activities and the meditation, yoga, and hiking services. Massages are also available and can be arranged in advance for an additional fee.



"I knew that this magnificent desert land, with its mountains and an abundance of trees, flowers and Buddha statues, would make an ideal location for my Loveology Retreat," said Dr. Ava.



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